

CARAMEL LATTE

Nutrition Facts

Serving Size 3.0 fl oz (90mL)

Makes 8 fl oz as prepared

Servings Per Container about 11

Amount Per Serving

Calories 230 **Calories from Fat** 80

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 60mg **3%**

Total Carbohydrate 33g **11%**

Sugars 30g

Dietary Fiber 0g **0%**

Protein 4g

Vitamin A 6%

Vitamin C 0%

Calcium 10%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: Nonfat Milk, Sugar, Cream, Water, Coffee Extract, Natural & Artificial Flavors, Mono & Diglycerides, Guar Gum, Tripotassium Citrate, Disodium Phosphate, Carrageenan, Locust Bean Gum, Contains Milk.