

dr.SMOOTHIE®

888.466.9941

DRSMOOTHIE.COM

Cafe Essentials

Your Daily Dose of **Delicious**

Just add water or milk. That's all it takes to enjoy a cup of goodness thanks to our gourmet beverage blends.

- 31 decadent blends that are easy to serve but hard to resist
- Carefully crafted with no artificial colors, no artificial flavors and no artificial sweeteners
- Applications range from blended frappe to hot and iced*



NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS • SHELF STABLE
NO PRESERVATIVES • GLUTEN-FREE • BLENDED IN THE USA

*See back chart for specific applications by product

Cafe Essentials

GOURMET BLENDED, HOT AND ICED BEVERAGES

For more detailed product info visit drsmoothie.com.



PREPARATION INSTRUCTIONS*

FRAPPE**

Follow the steps below to combine the specified ingredients.

| | | | | | | | |
|----------|-------|-----------------------|-------|--------------------|-------|----------------|-------|
| | | | | | | | |
| 12 fl oz | = | 4 fl oz Water or Milk | + | 1 ½ Scoops (½ cup) | + | 12 fl oz Level | |
| 16 fl oz | = | 5 fl oz Water or Milk | + | 2 Scoops (½ cup) | + | 16 fl oz Level | |

- Step 1 Begin with water or milk in blender jar.***
- Step 2 Add Dr. Smoothie Cafe Essentials Beverage Mix.
- Step 3 Add ice.
- Step 4 Blend until smooth and serve.

HOT

Follow the steps below to combine the specified ingredients.

| | | | | | |
|----------|-------|----------------------------------|-------|--------------------|-------|
| | | | | | |
| 12 fl oz | = | 10 ½ fl oz Hot Water or Hot Milk | + | 1 ½ Scoops (½ cup) | |
| 16 fl oz | = | 14 fl oz Hot Water or Hot Milk | + | 2 Scoops (½ cup) | |

- Step 1 Begin with already heated water or milk.***
- Step 2 Add Dr. Smoothie Cafe Essentials Beverage Mix.
- Step 3 Stir well until thoroughly dissolved and serve.

ICED

Follow the steps below to combine the specified ingredients.

| | | | | | | | |
|----------|-------|-------------------------------|-------|--------------------|-------|----------------|-------|
| | | | | | | | |
| 12 fl oz | = | 4 fl oz Hot Water or Hot Milk | + | 1 ½ Scoops (½ cup) | + | 12 fl oz Level | |
| 16 fl oz | = | 5 fl oz Hot Water or Hot Milk | + | 2 Scoops (½ cup) | + | 16 fl oz Level | |

- Step 1 Begin with already heated water or milk.***
- Step 2 Add Dr. Smoothie Cafe Essentials Beverage Mix and stir until thoroughly dissolved.
- Step 3 Pour combined drink over ice.
- Step 4 Stir again and serve.

* Visit Drsmoothie.com for unique preparation instructions for Cafe Essentials' organic products, including Organic Mocha, Organic Chocolate and Organic Vanilla Cream.

** Visit Drsmoothie.com for unique preparation instructions for Cafe Essentials' Cookies & Cream product.

*** For best flavor, prepare Belgian Cocoa and Chocolate Truffle products with milk.

Nutrition Facts

30 Servings Per Container
Serving size 1/3 cup (53g)
Makes 12 fl oz (360 mL)
when mixed as directed

| Amount per serving | |
|-------------------------------|------------|
| Calories | 200 |
| % Daily Value* | |
| Total Fat 4.5g | 6% |
| Saturated Fat 4g | 20% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 260mg | 11% |
| Total Carbohydrate 42g | 15% |
| Dietary Fiber 0g | 0% |
| Total Sugars 32g | |
| Includes 29g Added Sugars | 58% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 49mg | 4% |
| Iron 2mg | 10% |
| Potassium 540mg | 10% |

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sugar, Fructose, Cocoa Powder (Processed with Alkali), Maltodextrin, Whey, Coconut Oil, Corn Syrup Solids, Natural Flavor, Nonfat Milk. Contains 1% or Less of Silicon Dioxide (Anticaking Agent), Salt, Mono and Diglycerides (Emulsifier), Sodium Caseinate, Guar Gum, Dipotassium Phosphate, Soy Lecithin (Emulsifier), and Pectin.

| MANUFACTURER INFO | | | | | APPLICATIONS | | |
|---|-----------|---|---------------|---------------------------------|--------------|-----|------|
| Old MFR # | New MFR # | Flavors | Format | Drinks per Case (12 oz / 16 oz) | Frappe | Hot | Iced |
| CHAI & TEA Inspired flavors to sip & savor | | | | | | | |
| 4618 | 60467 | Classic Chai (Previously Original Chai) | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4619 | 60499 | Classic Chai (Previously Original Chai) | 1-25 lb Bag | 189 / 141 | ● | ● | ● |
| 4739 | 60468 | Ginger Spiced Chai | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4679 | 60469 | Matcha Green Tea Latte | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4774 | 60470 | Matcha Mint Chip | 5-3.5 lb Bag | 132 / 99 | ● | ● | |
| 4614 | 60471 | Spiced Chai | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4743 | 60472 | Vanilla Chai | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| MOCHA Robust cocoa & coffee blends | | | | | | | |
| 4653 | 60487 | Jamocha | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4654 | 60502 | Jamocha | 1-25 lb Bag | 189 / 141 | ● | ● | ● |
| 4607 | 60488 | Java Chip | 5-3.5 lb Bag | 132 / 99 | ● | ● | |
| 4605 | 60490 | Kona Mocha | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4609 | 60489 | Mocha Java | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4610 | 60503 | Mocha Java | 1-25 lb Bag | 214 / 162 | ● | ● | ● |
| 4670 | 60491 | Mocha Latte (Previously Cocoa'ccino) | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4671 | 60504 | Mocha Latte (Previously Cocoa'ccino) | 1-25 lb Bag | 214 / 162 | ● | ● | ● |
| 4200 | 60492 | Organic Mocha (Previously Organic Café Moka) | 3-3.25 lb Bag | 98 / 73 | ● | | |
| SPECIALTY COFFEE Coffee confections | | | | | | | |
| 4612 | 60493 | Caramel Latte (Previously Caramel) | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4636 | 60494 | Classic Latte (Previously Truly Coffee) | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4637 | 60505 | Classic Latte (Previously Truly Coffee) | 1-25 lb Bag | 189 / 141 | ● | ● | ● |
| 4613 | 60495 | Pumpkin Spice Latte | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4639 | 60496 | Salted Caramel Latte (Previously Salted Caramel) | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4604 | 60497 | Toffee Latte (Previously Whole Lotta Toffee) | 5-3.5 lb Bag | 132 / 99 | ● | | |
| 4715 | 60498 | Vanilla Latte | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| COCOA Crafted with real cocoa | | | | | | | |
| 4752 | 60481 | Belgian Cocoa (Previously Belgian Style Dark Cocoa) | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4606 | 60482 | Chocolate Mint Chip | 5-3.5 lb Bag | 132 / 99 | ● | ● | |
| 4770 | 60483 | Chocolate Truffle (Previously Chocolate Truffle Cocoa) | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4600 | 60484 | Chocoholic's Choice | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4761 | 60485 | Mexican Spiced Cocoa | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4208 | 60486 | Organic Chocolate (Previously Organic Chocolate Frappe) | 3-3.25 lb Bag | 98 / 73 | ● | | |
| CRÈME Rich & creamy treats | | | | | | | |
| 4645 | 60473 | Vanilla Cream | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4646 | 60500 | Vanilla Cream | 1-25 lb Bag | 214 / 162 | ● | ● | ● |
| 4777 | 60474 | Cookies & Cream | 5-3.5 lb Bag | 117 / 88 | ● | | |
| 4729 | 60475 | Cream Base (Previously Neutral Base) | 5-3.5 lb Bag | 150 / 113 | ● | | |
| 4730 | 60501 | Cream Base (Previously Neutral Base) | 1-25 lb Bag | 214 / 162 | ● | | |
| 4608 | 60476 | Horchata | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4206 | 60477 | Organic Vanilla Cream (Previously Organic Madagascar Bourbon Vanilla Crème) | 3-3.25 lb Bag | 98 / 73 | ● | | |
| 4720 | 60478 | Vanilla Bean | 5-3.5 lb Bag | 150 / 113 | ● | ● | ● |
| 4717 | 60479 | White Chocolate | 5-3.5 lb Bag | 132 / 99 | ● | ● | ● |
| 4690 | 60480 | Yogurt Cream (Previously Yogurt Lover's Choice) | 5-3.5 lb Bag | 150 / 113 | ● | | |



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