

# Nutrition Facts

32 servings per container

**Serving size**

**1/2 Bar (46g)**

	<b>Per Serving</b>	<b>Per Container</b>
<b>Calories</b>	<b>240</b>	<b>470</b>
	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	15g <b>19%</b>	29g <b>37%</b>
Saturated Fat	2.5g <b>13%</b>	5g <b>25%</b>
Trans Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	0mg <b>0%</b>	5mg <b>0%</b>
<b>Total Carb.</b>	18g <b>7%</b>	36g <b>13%</b>
Dietary Fiber	2g <b>7%</b>	5g <b>18%</b>
Total Sugars	11g	23g
Incl. Added Sugars	9g <b>18%</b>	18g <b>36%</b>
<b>Protein</b>	8g <b>16%</b>	16g <b>32%</b>
<b>Vitamin D</b>	0mcg 0%	0mcg 0%
<b>Calcium</b>	30mg 2%	60mg 4%
<b>Iron</b>	1.3mg 8%	2.7mg 15%
<b>Potassium</b>	200mg 4%	390mg 8%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Wanderlust

*Peanut Butter / Almonds / Oats  
Cranberry / Sunflower Seeds*

**INGREDIENTS: PEANUT BUTTER (PEANUTS), AGAVE, GLUTEN-FREE OATS, FLAX SEEDS, SUNFLOWER SEEDS, PUMPKIN SEEDS, COCONUT, ALMONDS, CRANBERRIES (CRANBERRIES, CANE SUGAR, SUNFLOWER OIL).**

**CONTAINS: PEANUTS, ALMONDS, COCONUT.**

**MAY CONTAIN HARD PIECES.**

**MANUFACTURED IN A FACILITY THAT ALSO PROCESSES: SOY, TREE NUTS.**