




 **700 MG OMEGA-3**


 **3G FIBER & PROTEIN**


 **REAL FRUIT**

 **SUSTAINED ENERGY**

 **GLUTEN FREE**

 **NON-GMO**

 **VEGAN**

 **BPA-FREE POUCH**

## Nutrition Facts

Serving Size 1 pouch (120g)

Amount Per Serving

Calories 90      Calories from Fat 16

% Daily Value\*

Total Fat 2g      3%

Saturated Fat 0g      0%

Trans Fat 0g

Cholesterol 0mg      0%

Sodium 4mg      0%

Potassium 175mg      5%

Total Carbohydrate 18g      6%

Dietary Fiber 3g      12%

Sugars 9g

Protein 3g

Vitamin A 0%      Vitamin C 2%

Calcium 2%      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet.

## INGREDIENTS

Oatmeal (Water, Gluten Free Oats), Peach, Pear, Apple, Apple Juice Concentrate, Ground Flax, Chia, Natural Peach Flavor, Vanilla Extract, Ascorbic Acid (Vitamin C), Citric Acid.